

The Filter

A Cary Services, Inc. Newsletter

Facility & Product Temperature Management | Proactive Budget Control & Preventive Maintenance Specialists

Summer 2014

The Big 6-0!

Gary Gusler, a devoted Cary Services employee since 1995, reached the milestone of his 60th birthday on March 3rd. Of course, he claims that 60 is the new 40!

Gary works out of our corporate office in Abilene. He and his wife, Judy, have two sons and a daughter, who have graced them with eight grandchildren. Gary says he gives thanks to God for all his blessings of family, good health and his long tenure with Cary Services.

Having Gary with us truly blesses us each day, and we are thankful for his loyal service to our company and customers. Thank you, Gary, and Happy Birthday from the entire Cary Services staff and their families.



Gary Gusler...not looking a day over 59!



Cary Services Celebrating 20-Year Anniversary

This year marks Cary Services, Inc.'s 20th year of providing high quality, affordable HVACR services to our valued client base across Texas and Western Louisiana. While we look forward to highlighting some of the celebration in our next newsletter, Tony and I wanted to take this opportunity to reflect back and express our sincere thanks to all the outstanding employees who've contributed to our success and to our loyal customers, who continue to reward us with their business.

The old adage that "time flies" really does apply. From a single used truck with a cold start (no customers), to 35 employees in seven locations across the great state of Texas, it certainly doesn't seem like that much time has passed. Cheers to the next 20!

Contact Us Toll Free 24/7 | 888-229-1757

Abilene | 325-695-7283 | Mark Cary, Chairman/CEO | Tony Cary, VP of Field Operations | Jerry Eichhorst, General Manager

D.F.W. & North Texas Region | 817-596-9877 | Michael Wilson, General Manager

Houston | 281-219-1900 | Kevin Dean, General Manager

Big Spring - Midland & Odessa | 432-264-7192 | 432-617-0173 | Charlie Beall, General Manager

San Angelo | 325-994-2580 | Chris McEntire, General Manager

Visit us online at www.caryservices.com

Take These Steps To Protect Your Workers

From slips and falls to burns and bruises, injuries can occur anytime and in any workplace. These key tips for preventing injuries and protecting your employees come from Cintas, a Cincinnati-based business services provider:

Limit exposure to chemicals. Implement a comprehensive program for storing, using and discarding chemicals that can cause painful burns, eye injuries and other hazards.

Buy a defibrillator. According to the Centers for Disease Control and Prevention, cardiac arrest claims more than 250,000 lives each year. Keeping an automatic external defibrillator (AED) handy can save people, but you'll have to train employees to use it, and establish a service maintenance program to ensure the unit is always up to date and functioning properly.

Check your floors. Help protect against slips and falls by placing matting around entryways to prevent water and debris from entering the building. This also provides increased traction in high-traffic areas of a facility where slip-and-fall accidents frequently occur. Make sure that the matting is regularly laundered to properly capture and remove contaminants.

Stock appropriate first aid and medical supplies. A well-stocked first aid kit should contain products to treat cuts and burns and ease pain. Some items should be supplied and restocked on a rotating basis to treat seasonal ailments such as allergies or the common cold.

Maintain A "Me" File

Your employers keep files on you for various purposes. Try keeping a file on yourself for your own benefit. Keep a record of all your major assignments, successful projects and people you've worked with—clients as well as co-workers. Don't include any proprietary or confidential information, but do highlight your career achievements as they occur. Over time, you'll develop a document that describes your progress and your career, which you can use to reinforce your own motivation and demonstrate your expertise when you're looking for advancement or other opportunities.

The Changing Population: What To Expect By 2060

We're getting older in the United States, and more diverse. By the year 2060, according to the U.S. Census Bureau, the population of U.S. residents 65 and older will more than double, from 43.1 million in 2012 to 92 million in 2060. Among different ethnic groups:

The Hispanic population is projected to grow from 53.3 million in 2012 to 128.8 million in 2060, when nearly one in three U.S. residents will be Hispanic.

African-Americans are likely to increase from 41.2 million to 61.8 million people in the same period, and their share of the population as a whole will rise from 13.1% in 2012 to 14.7% in 2060.

The Asian population is expected to grow dramatically, from 15.9 million in 2012 to 34.4 million in 2060.

Friggatriskaidekaphobia Trivia

Also known as "fear of Friday the 13th," friggatriskaidekaphobia will occur once in 2014 (June). Also, months that have a Friday the 13th begin on a Sunday. No year is without a Friday the 13th and no year has more than three.

What did Buzz Aldrin do on the moon that the government kept secret?

Trivial Pursuits

- 1) What did Buzz Aldrin do on the moon that the government kept secret?
 - a) Made contact with the Soviets
 - b) Took Holy Communion
 - c) Tried to make contact with moon people
 - d) Attempted to sabotage the moon lander
- 2) How did Stephenie Meyer pick Forks, Washington, as the setting for the Twilight series?
 - a) Her grandparents lived there
 - b) She Googled the place with the highest rainfall in the U.S.
 - c) Forks already had a reputation for vampires
 - d) She received a grant to write fiction set in Washington State
- 3) What did chocolate chip cookie inventor Ruth Wakefield receive for selling her recipe to Nestlé?
 - a) \$25
 - b) A lifetime supply of chocolate
 - c) A chocolate-themed mansion
 - d) She gave it away as a gift
- 4) What was temperance advocate Carrie Nation's weapon of choice when trashing saloons?
 - a) Bible
 - b) Torch
 - c) Gatling gun
 - d) Hatchet
- 5) What did the Union's General Dan Sickles do with his amputated leg?
 - a) Donated it to a museum and visited it once a year
 - b) Buried it at Gettysburg
 - c) Auctioned it for charity
 - d) Presented it as a gift to Ulysses S. Grant

from *mental_oss*

Answers: 1) b 2) b 3) b 4) d 5) a (It's still on display at the National Museum of Health and Medicine.)

Did You Know? . . .

We offer 24-hour/7-day-a-week services, with our trained, professional service technicians. Give us a call locally or toll-free. We're ready to help!

To contact our Centralized Service Dispatch, call toll-free: 888-229-1757

Abilene: 325-695-7283

Mark Cary, Chairman/CEO

Tony Cary, V.P. of Field Operations

Jerry Eichhorst, General Manager

D.F.W. & North Texas Region: 817-596-9877

Michael Wilson, General Manager

Houston: 281-219-1900

Kevin Dean, General Manager

Big Spring-Midland & Odessa:

432-264-7192 | 432-617-0173

Charlie Beall, General Manager

San Angelo: 325-994-2580

Chris McEntire, General Manager

Visit us today online at www.caryservices.com

Cary Services is the proud recipient of the Better Business Bureau Torch Award (2005) for Marketplace Ethics



Texas Commercial HVAC and Refrigeration Experts

Cary Services, Inc. offers you more than 27 years experience providing first-class air conditioning, heating, refrigeration and ice machine services to companies in North and West Texas.

Our priority is you, the customer. We help you create and maintain a healthy indoor climate in your commercial building. Using our high-efficiency and Energy Star® rated HVAC and air filtration systems, you'll use less energy, cut down on utility costs and work in comfortable interior spaces year-round.



Our Customers Say It Best . . .

"Just wanted to send you a short note of appreciation for the high level of HVAC service your team has provided us in the new Big Spring office. Your staff is knowledgeable and professional."

—Jim Boden, Manager
Linn Energy

We're doing our part. This newsletter is printed on environmentally-friendly paper—50% recycled, using 25% post-consumer waste, and is composed of a mixture of fibers from certified forests, post-consumer recycling processes and fibers from other controlled sources.



P.O. Box 5101

Abilene, Texas 79608

Texas License #TACLA010407C